



NEVER ASSUME THERE WILL BE TIME TO DO ANYTHING BUT GRAB AND GO!

NEVER, AT ANY TIME, LET THE CAR FUEL TANK DROP BELOW A QUARTER!
AND **ALWAYS** KEEP A MAP OF THE AREA WHERE YOU LIVE IN THE CAR

KEEP A SMALL BATTERY RADIO TUNED TO A LOCAL RADIO STATION

THE FOLLOWING SHOULD BE KEPT WHERE THEY CAN BE GRABBED AT A MOMENT'S
NOTICE, PREFERABLY BY THE BEDSIDE OR CLOSE TO AN EXIT:

IN A SMALL WAIST OR HANDBAG:

Driver's Licence, ID card, credit and bank cards, Medicare and Health Insurance cards, a small supply of any regular medication, some cash money, a small pocket knife, car and house keys. On a card kept in your wallet or purse, write any personal medical details - this could help the ambulance officers if you lose consciousness.

Also your mobile phone. Add to the phonebook - ICE, then the name and number of someone to contact. If you wish more than one person to be contacted, use ICE 1, ICE 2, and so on.

KEEP THIS BAG, PLUS A SMALL FLASHLIGHT BESIDE THE BED AT NIGHT.

IN AN EASY-TO-CARRY BACKPACK OR SPORTSBAG:

A basic First-Aid kit containing bandaids, cotton and stretch bandages, sterile pads, antiseptic cream and lotion, pain-killers and prescription medications sufficient for at least a week.

A small torch, preferably the LED type.

A space blanket or two.

Combination sun block and insect repellent.

BOTTLED water.

Spare car and house keys.

Mobile phone chargers.

IF YOUR HOME IS DESTROYED, YOU WILL NEED TO HAVE THESE WITH YOU:

A list of important numbers: Emergency Services, insurance policies, bank account details, phone numbers and addresses of friends and family.

Passports, visas and entry permits, birth and marriage certificates, citizenship certificates.

On CDs, DVDs, or a plug-in hard drive: backups of important computer files, including copies of those photos that can never be replaced once lost.

DON'T TRUST USB FLASH DRIVES - THEY ARE UNRELIABLE.

IN ANOTHER BAG:

A set of warm clothes for each member of the family like full-length trousers and long-sleeve shirts. Avoid synthetic material such as nylon: cotton and wool are best. Include fold-up wide-rimmed hats.

REMEMBER: SOMEONE WILL HAVE TO CARRY THESE BAGS...

...MAYBE FOR A LONG TIME.

**This Community Awareness sheet has been prepared by A Season of Happiness
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